



# ITEMS NEEDED FOR FORGOTTEN SOLDIERS OUTREACH “WE CARE” PACKAGES

**Below is a list of items that we need on a regular basis to fill our packages. This list is subject to change.**

**You can also find items on our Amazon wish list  
and have them shipped directly to us**

[https://www.amazon.com/hz/wishlist/ls/18B7ZCFLBPYYD?ref\\_=wl\\_share](https://www.amazon.com/hz/wishlist/ls/18B7ZCFLBPYYD?ref_=wl_share)

**We appreciate all the items that we receive; however, we cannot ship aerosol cans, pork products, tobacco, lewd/pornographic materials or alcohol. We do not accept hotel toiletries, canned food, boxes of pasta, cereal or expired and/or used items.**

## **Toiletries/Hygiene (prefer travel size)**

Baby Wipes	Baby/Foot Powder
Dental Floss	Tampons
Lip Balm/Chapstick	Mouthwash
Hand Sanitizer	Lotion
Shave Cream Packets	Sunscreen
Shampoo	Body Wash
Deodorant	Bar Soap
Razors	Q-tips
Toothbrushes	Toothpaste
Conditioner	Tissues

## **Additional Items**

Crew Socks	Insect Repellent Wipes
Scotch Heavy Duty Packing Tape	
Snack Storage Bags	
Hand Warmers	

## **Food Items**

Trail Mix	Sunflower Seeds
Individual Crackers	Fruit Roll Ups
Beef Jerky/Sticks	Rice Krispies Treats
Microwave Popcorn	Bagged Popcorn
Ramen Noodles	Candy/Gum
Dried Fruit Snacks	Breakfast Bars
Individual Cookies	Snack Bars
Protein Bars	Cup of Noodles
Foil Tuna & Salmon Packets	
Individual Packed Drink Mixes	
Oatmeal/Grits Packages	
Microwavable Ravioli & Mac & Cheese	
Individual Packages Nuts or Dried Fruit	
Peanut Butter Cups (Jif to Go)	

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